

# Manual Handling of Loads Level 2

## – 1Day

### Overview

JT101 now offers the Manual Handling of Loads Level 2 course. Our manual handling course is designed for employees at all levels, covering every aspect of manual handling training. Learners are therefore competently skilled in manual handling at the end of the course. Warehouse and factory operatives, heavy manual labourers, unloading and loading of vehicles, construction and building site workers, office workers, delivery drivers and or logistic staff thus require Manual Handling of Loads course.



This course has been validated, accredited and awarded 7 CPD points by the CPD Accreditation Group as meeting sector standards.



### Mandatory Requirements

Due to practical requirements participants must be declared fit before commencement of the course. All participants are required to complete a Health Declaration Form which will be assessed by the course tutor. The tutor may refuse a participant if health concerns are raised. If unsure if any health condition may impact your ability to train, we strongly recommend that you seek advice from your GP or physician prior to attending the course. This course is designed to meet participants of varying fitness levels. We DO NOT accept pregnant candidates on the course. This qualification is available to those over 16 years. Learners are required to have least a level 1 numeracy and literacy or equivalent.

### Summary of Contents

- Understanding the need and risks of manual handling
- Compliance with Health and Safety legislation
- Assessment and understanding of all the important requirements
- Detailed training of moving, carrying and lifting
- Correct moving postures
- Preventions and safety measures

### Certification

This course has written/multiple choice assessment which must be achieved at 75%. Don't worry, it's not difficult to pass as there are practice questions. Practical assessment is on-going by the instructor. This certificate has no expiry but keeping up to date with changes to policies and procedures is vital to keeping the qualification current.

**Participant Note:** Booking does not necessarily guarantee a pass. We strive to support learners throughout the course. If a participant fails to meet the required standard, and therefore are not able to pass, they will be referred and may require additional training hours at a reduced rate.

## **Participants**

To ensure quality and standards of our courses, a maximum of 12 participants will be allowed per training workshop. This will provide adequate time for participants to practice and perfect skills.

## **Duration**

This course is a 1Day Course. Course starts at 09.00 and finishes at 17.00 on training day. Please plan your journey in advance to reach training centre in time as lateness is not permitted. Participants arriving after 15 minutes will not be allowed on the course and there is no refund.